

## September General Meeting "Lavender Farm"

with Christel von Engelbrechten,  
Christel Lake Lavender Farm, Greenbank



Join us in person as we hear Christel talk about her family's lavender farm and the beneficial properties of lavender which has long been used for its healing effects, unique fragrance and flavour enhancement properties.

**Wednesday, September 14, 2022 - 7:00 P.M.**

**New Location - Guests Welcome - Free Admission**

**St Mark's United Church, 201 Centre St S, Whitby**

CFUW Oshawa and District

[cfuw.oshawa@gmail.com](mailto:cfuw.oshawa@gmail.com)

[www.cfuwoshawaanddistrict.com](http://www.cfuwoshawaanddistrict.com)



### PRESIDENT'S MESSAGE

**CATHERINE R.**

Welcome back. Hope everyone had a happy, healthy, relaxing summer. Looking forward to another fun and productive year for our Club.

We have new Board members for both Ontario Council and National after the elections at the AGMs, both on Zoom this summer. The new National President is Joy Hurst; VP. Ontario is Teresa Habs and Susan Freeman is our new Regional Director.

I am including the excerpt I read at our AGM from the book "Our 100 Years: Canadian Federation of University Women". This was written by a Toronto Club member to commemorate National's 100<sup>th</sup> anniversary in 2020.

“CFUW has had a strong, proud and productive one hundred years. As long as the core remains strong- learning, friendship, advocacy, and the will to empower women and strive for equality and excellence- CFUW will continue to be relevant. CFUW may not appeal to all women, but it fills a need among a committed group of women who want to make the world a better place, just as their founders had envisioned they would.”

CFUW National, in partnership with a consulting firm and with input from members, has been investigating the possibility of a new name for our organization. It is felt by many, that the word “University” in the title may act as a deterrent to women joining and is now outdated.

Three options have been discussed:

- a) Remain the same – CFUW - Canadian Federation of University Women
- b) Simple change – CFW - Canadian Federation of Women
- c) Move forward – CFAW - Canadian Federation for the Advancement of Women

### Quote of the Month

*“We cannot cure the world of sorrows, but we can choose to live in joy.”*

### General Meeting Dates

All meetings are at 7:00 pm. at St. Mark’s United Church, Whitby  
(we have the option of using Zoom in case of inclement weather, etc.)

Sept. 14 Oct. 12 Nov. 9  
Dec. Holiday Dinner – TBD  
2023 - Jan. 11 Feb. 8 Mar. 8 Apr. 12  
May 10- AGM & Pot Luck

### Board Meeting Dates

All meetings are on Zoom at 1:30 pm.  
Oct. 26 Jan. 25 Mar. 22 Apr. 26  
May 24 - Joint Board Meeting



*Donna, Hedy, JoAnne, Lina & Jone at Parkwood Fundraiser for STEM Education Awards.*

September 30 is **National Truth and Reconciliation Day**.

### GWI Refund

As a Club we need to decide how to utilize our \$800 fee refund. National would prefer that it be used for an international project of some kind but other than that, there are no restrictions. It is not a lot of money but we want to get the “best bang for our buck.”

I would ask members to think about international projects that they may be personally involved with or that they are aware of that are legitimate and productive that our Club may like to consider. The Board is also looking into a local project that has been brought to us for consideration and seems promising.

***Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.***

## BOARD MEMBERS AND COMMITTEE CHAIRS

POSITION	2022-2023
President	Catherine R.
Vice-President	Janet N.
Past President	Donna H.
Treasurer	Hedy G.
Membership	Barb L.
Advocacy	Donna H.
Social	Karen D., Ruth F.
Program	Sheila S.
Publicity	Shared Chair
Scholarship	Sharron B.
Newsletter	Jone W.
Board Recording Secretary	Melanie K.
General Recording Secretary	Jennifer C.
Archives	JoAnne P.
Interest Groups	Lina Z.
Friendship	Maureen A.
Dec. Holiday Celebration	Social & Interest Group Committees

COMMITTEE	CHAIR	MEMBERS
Advocacy	Donna H.	Janet N., Mary K., Hedy G., Melanie K., Jone W.
Membership	Barb L.	Jane R., Sheila L., Elaine L.
Program	Sheila S.	Janet B., Marilyn F-L.
Webmaster	JoAnne P.	
Social	Karen D., Ruth F.	JoAnne T., Judy B.
Publicity	-	Jone W., Elaine L.
Zoom Team	Donna H.	Melanie K., Barb L., JoAnne P.

## CFUW WEBSITES

Main website: [www.cfuw.org](http://www.cfuw.org)

Ontario Council Website: [www.cfuwontcouncil.org](http://www.cfuwontcouncil.org)

The Ontario Council newsletter is available on-line on their website.

The CFUW Club Action newsletter is available via the sign-up link on their main website.

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**FRIENDSHIP****MAUREEN A.**

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

**MEMBERSHIP****BARBARA L.**

Dues for this year remain at \$115. Hedy G. and I will be accepting your cheques/cash at the September 14<sup>th</sup> general meeting. Cheques should be made out to CFUW Oshawa and District.

Please let Karen D. know if you will need to access the elevator. The elevator door is at street level on the west side of the hall to the left of the main entrance. Ring the bell and someone will come to let you in.

If you are unable to attend the meeting, please send your cheque to our treasurer, Hedy Gadd, 6 Glenelge Court, Bowmanville L1C 4J1. Dues must be received by October 31<sup>st</sup> in order for your contact information to appear in our club roster.

**BOOK SALE****HEDY G.**

Bring your gently used books, **fiction or non-fiction** only, to our club's first general meeting on Wednesday, September 14. Please no large coffee books, etc. Books will be sold for \$2 each and proceeds will go to the club's general account.

We will also have our regular 50/50 draw and happy bucks that evening.

**ADVOCACY****DONNA H.**

Advocacy CFUW Oshawa and District meets the 3<sup>rd</sup> Monday of the month at 2pm on Zoom. Do you like to talk about our society and how to make the world a better place? Are you brave enough to be an advocate for change? Do you enjoy discussing ideas with others, then maybe our Advocacy Group is the place for you!

Last year our group pursued the theme of "Aging in Place" and prepared a document for our club members to use as a reference in their own aging journey.

Our group will meet Monday Sept. 19<sup>th</sup> at 2pm to make plans for this club year. For a link contact Donna H.

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**INTEREST GROUPS****LINA Z.**

Golf	Janet N.
Reading Group 1	Barbara L.
Morning Coffee and Book Chat	Melanie K.
Walking Buddies	Melanie K.
Ladies Who Lunch	No Co-ordinator
It's a Mystery Book Club	Mary K.
Mystery Lovers Book Club	Janet B.
Bridge Monday Afternoon	Hedy G.
Bridge Monday Night	Karen D.
Bridge Wednesday Night	Co-ordinator required

It appears that many Bridge players prefer to play in person rather than on Zoom, and others prefer to play in the afternoon.

Karen D. will be contacting the Monday night bridge players to see if afternoon games are preferable. She will also speak to Hedy about alternating the Monday afternoon games at Northview with the games in home. If the Wednesday game is to continue a new co-ordinator will be required.

If "It's a Mystery" Book Group changes from evening to day meetings there will be a conflict with Bridge.

The only Interest Group without a designated coordinator is Lady's Who Lunch.

Please contact me if you have an idea for a new group and are willing to act as coordinator

**READING GROUP 1****BARBARA L.**

Date: Tuesday, September 20<sup>th</sup> at 1:30 pm

Location: Home of Jane R.

Discussion leader: Sharron B.

Book selection: *A Town Called Solace* by Mary Lawson

**MORNING COFFEE AND BOOK CHAT****MELANIE K.**

**Book Chat** is held in a Member's home usually on the first **Wednesday** of each month from **10 am until noon**.

The first Chat of the 2022-23 season will be **September 7th** at Dianne's home with Jane presenting "*Freezing Order*" by Bill Browder.

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On **October 5th** the group will be discussing Canadian mystery works by Joy Fielding, led by Marilyn and hosted by Melanie.

Banned Books will be the category for the **November 2nd** Chat. "*The Bluest Eye*" by Toni Morrison will be presented by Melanie and hosted by Janyce.

On December 7th the book will be a Young Adult/Teen selection.

## GOLF

*JANET N.*



Golf group is playing on Fridays into the Fall at various golf courses.

## FOR YOUR BENEFIT

*JONE W.*

This is an information feature providing networking news from and for our members. This includes announcing local business affiliations of you or your loved ones, and charity/volunteer work that you are involved in that needs support from the public. Send submissions of ½ page or less to Jone W. Business notices will be posted once annually.

The criteria for submission to *For Your Benefit* are:

1. that this information is of benefit/interest to our members, and
2. you are involved/passionate about it.

## NEWSLETTER

*JONE W.*

Only the last name initials of members are published in the newsletter.

You may refer to your roster for contact information.

Please submit all newsletter items to [whitbywebsters@rogers.com](mailto:whitbywebsters@rogers.com) Items for the October newsletter should be received by Wednesday, September 28

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