

Newsletter

September 2022

Contents

Co-Presidents Report	2
Update on Renaming CFUW	2
CFUW National AGM Report	3
VP of Education & Advocacy	4
Water – Every Drop	5
VP Planning & Development	6
VP of Scholarships	6
Membership	7
Website	7
Corresponding Officer	7
Interest Groups	
Garden Tour Report	8
Book Exchange	8
Other Subjects of Interest	
Afghan Family Report	8

*In Person
Welcome Back!*

RENEW, REFOCUS, REENERGIZE



Wednesday, September 21, 2022

St. Thomas Anglican Church

Social 6:30 Program 7:00

Join us, in person, for our September meeting where you will be able to renew your membership, reconnect with friends, meet new members and sign-up for interest and advocacy groups.

Help Wanted

When we previously met at St. Thomas Church, they had someone who set up/took down tables & chairs. However, we now have to find a couple of people to do this.

Does anyone have a high school age grandchild or know another responsible teenager (or young adult for that matter) who would be interested in taking on this paid role?

Dates: Likely the 3rd Wednesday evening of September through November & February through April.

If so, please let Mary, the Co-President, know as soon as you can. Thank you!

Co- Presidents' Reports – Mary E. M. & Margaret G.



It's September and we start anew – and in person at St. Thomas! We'll be starting at 6:30PM with tea, coffee and goodies, meeting to begin at 7 pm on Wednesday, Sept 21. It's going to be lots of fun – meeting long time friends and newcomers too. You'll hear all about our 17 Interest Groups and 2 Advocacy Groups. And you can take care of your fees too (Hint: paying in advance by e-transfer is dead easy and heck, you may win the early bird draw!) See Jane B. and Carol F. articles in this newsletter for more details. Oh...and of course the meeting itself will be filled with news & information.

Please come, if at all possible. This club is on a roll and Margaret & I want you to hear all about it!

Update On CFUW National's Renaming and Visual Identity Project

As you may recall, the visual identity project began as:

1. An exercise to review and change CFUW's logo and tagline visual identity.
2. Out of this work came observations from a number of our members that we needed to look at the CFUW name, so the logo/tagline work was put on hold while we opened up the discussion to consider this point.
3. Heard from many members that it is time for a new CFUW name and the need for this process to be undertaken thoughtfully and with broad consultation.
4. What is at stake you may ask?
5. The name brings with it questions about CFUW
 - who we are; what we want to be going forward;
 - who we want to attract as members and
 - what kind of legacy do we want to carry forward for new members.
 - 1987, there were 12,758 members in CFUW.
 - In 2022, there are now 6,588 members, which represents a 51% loss (over 35 years).
 - Changing the name brings with it opportunities for reconciliation, revitalization, and renewal.

We are invited to help with the renaming process starting by having some discussions.

6. Discussion Guide:
 - Get together with friends for a coffee or consider taking one of your interest group meetings to talk about what you see as the future for CFUW. The Discussion Guide includes some thought-provoking questions such as *if you were starting CFUW now, what would you want the organization to do? And what would you call us?*
 - Our new national Board of Directors is in place and will be preparing a work plan/schedule for the renaming process and will include a comprehensive consultation process across our membership, including a call-out for proposals of possible names.
 - The discussion Guide can be found [here](#) or [https://mailchi.mp/cfuw-fcdu.ca/club-action-newsletter-may-964171?e=\[UNIQID\]](https://mailchi.mp/cfuw-fcdu.ca/club-action-newsletter-may-964171?e=[UNIQID])

CFUW Annual General Meeting 2022 Summary

Margaret G. had the opportunity to attend the CFUW Annual General meeting on August 27th by Zoom. The following is her report:

Of note:

New Slate of Officers 2022 to 2023

Joy Hurst, CFUW President

Kathy Wosnick, VP Education

Susan Lane, VP Finance

Marcia Armstrong, VP Membership

Heather Oxman, VP Advocacy

Barbara DuMoulin, VP International Relations

Material Motion(s)

The motion that was of concern to our club was the motion to strike Article 83, which in doing so will allow CFUW National Executive to approve future budgets without seeking member approval.

- a) **MOTION:** "The question is on the adoption of the motion that the 2022 amendments to the CFUW articles and by laws excluding motion 10 be adopted as presented in the 2022 business and finance booklet."
- b) I voted per the direction of CFUW Belleville and District given at our May AGM which was to vote against this motion
- c) Motion was defeated

Highlights of the Meeting

1) CFUW Leadership Institute

Canadian Revenue Agency has approved the CFUW Leadership Institute for advanced leadership and employment training for women

An excerpt for Kathryn Wilkinson National President 2022 annual report submission.

"A year ago, CFUW applied for charitable status to establish a Leadership Institute. Currently, there are three of us named as directors of the Institute, Doris Mae Oulton, past CFUW president, our executive director Robin Jackson and me. We are working with a volunteer consultant to establish the bylaws, articles of incorporation, vision/mission and strategic plan for an institute whose aim is to provide women with the skills, education and confidence they need to reach their potential and assume leadership positions in society. The institute will also advance education by providing leadership and employment related training to women thus building on our pay equity work. We also have plans to launch a Young Working Women's Online Network with an initial event in the fall and also the launch of our Mentorship Program. Many current CFUW members joined the organisation as young women and the Leadership Institute, Young Working Women's Network and mentorship should introduce CFUW to a younger and more diverse audience."

2) Mentoring Program

- a. Developmental work was begun on the CFUW Mentoring program. A request was sent out to CFUW membership for Mentors, Madeline Kalbach and Susan Stauffer have graciously agreed to lead the Mentor campaign to seek Mentors. –
- b. Mentoring will initially be offered in three areas: education (i.e., women working on degrees looking for support); careers and advocacy.
- c. The program will be launched in the Fall of this year

3) Young Women's Online Network

- a. The Young Women's Online Network (YWON) will encourage young women to join the network and/or join a CFUW club at the same time or later once they wish to become more involved in CFUW.
- b. Developmental work was started in the year in review. As part of the YWON pilot project, the Network will offer an Advocacy Circle, mentoring and social events. Once the Leadership Institute has obtained its charitable status and has been set up, the mentoring program will be incorporated into the Institute.
- c. The program will be launched in the Fall.

4) **National Annual updates** – Action Plans and Annual reports are available [here](https://acrobat.adobe.com/link/track?uri=urn%3Aaaid%3Aascds%3AUS%3A7e2b7037-0fe8-4b23-94b8-24f1ef5f464b#pageNum=1)
<https://acrobat.adobe.com/link/track?uri=urn%3Aaaid%3Aascds%3AUS%3A7e2b7037-0fe8-4b23-94b8-24f1ef5f464b#pageNum=1>

5) **CFUW National office activities** are available [here](https://acrobat.adobe.com/link/track?uri=urn%3Aaaid%3Aascds%3AUS%3A7e2b7037-0fe8-4b23-94b8-24f1ef5f464b#pageNum=64)
<https://acrobat.adobe.com/link/track?uri=urn%3Aaaid%3Aascds%3AUS%3A7e2b7037-0fe8-4b23-94b8-24f1ef5f464b#pageNum=64>

Vice-President of Education & Advocacy – Carol F.

You, no doubt, have heard yourself or someone in our CFUW described as a “lifelong learner”. It has been my experience that our club is enriched by so many of you who live each day looking for new learning and opportunities to share and benefit from learning and doing!

There are two interest groups, again this year, representing two strong passions held by our membership: long term care in Ontario and environmental educational needs advocacy. Lynn Becker and Carol Fisher are the key contacts respectively. Our interest groups will continue to meet and share learning and give our members opportunities to be aware and challenged to be involved as is possible.

If there is any other passion any member would like to research and discuss, please let me know as we are a CFUW of women who exemplify “lifelong learning”!

WATER – EVERY DROP!

As you are probably aware, there are droughts all over the world including Eastern Ontario and our own Quinte Region!

Here in the Quinte region a Level 1 low water condition has been issued! That means we have experienced less than 30% of the normal rainfall for this time of the year.

We would like you to think about your water consumption as if you were on a well, as if there was not an infinite amount!



Here are some simple ways you can conserve water in your homes and make every drop count!

1. **Turn the tap off** while brushing your teeth or when you walk away from the sink while cleaning up
2. Do **full loads** when doing the laundry and using your dishwasher
3. **Repair** dripping taps
4. Use a **rain barrel** to collect water for your plants
5. Shower or bathe **less frequently**, and **reduce** your shower time
6. **Reuse** your cooking water (that has been used to boil veggies, eggs etc.) to water indoor and outdoor potted plants
7. **Use** water from your dehumidifier to water your plants
8. **Flush** your toilet every 2nd time
9. **Water** your lawn less frequently
10. **Use a broom** instead of a hose to wash your patio, deck, driveway

***** Did you know that a standard garden hose outputs 50 gallons of water every 5 minutes!**

*****Did you know that if you install a low flow shower head it can save a family of four 20,000 gallons of water a year!**

We challenge our members to embrace as many of the above suggestions as possible and make **every drop count!**

AWARENESS is the first step!

Your Environmental Education Advocacy Team

Vice President of Planning & Development – Jane B.

By now you should have an updated list of the interest and advocacy groups for 2022/23 year. Look them over and be prepared to sign up at the Sept. meeting. If you are unable to attend the meeting, please email or phone the conveners to join or get more information. As well as established groups this year we are hoping to add an American Mahjong group, which can accommodate new players and experienced players. Sign up, have fun and keep your brain sharp. You also have the opportunity of joining one of the two advocacy groups. Some groups are able to take members throughout the year. If you find yourself with time on your hands after Christmas, contact the convener of the group of your choice.

This year I would like to have a book sale in the fall and Spring. The fall book sale will be at the Oct. meeting. I would like members to bring books for the sale, but I am asking that you take books home that do not sell. Please just bring books that you can comfortably handle. There will be more about this in our October newsletter, but you can start setting aside a few books now.

At our Christmas meeting, we will be collecting books for the Fireman's Toy Drive. Now is a good time to pick up books on sale or gently used books from yard sales. Don't forget the older children. The organizers like to give every child a book for Christmas and our group certainly helps make that happen.

Vice-President Scholarships – Kristina S.

Scholarship Award Winners May 2022. These funds will be given out in September 2022

MARYLEA BURTT MEMORIAL SCHOLARSHIP \$3,600 (\$1,800 in Sept 2022, \$1,800 in Jan 2023)

Alisha Haseeb, Eastside Secondary School

HELEN E. ZURRER SCHOLARSHIP \$1,500

Jenessa McGuire, Eastside Secondary School

ADULT EDUCATION \$1,500

Amanda Doxtater, Loyola Trenton site

COLLEGE SCHOLARSHIPS 5 x \$1,500

Christopher Thompson, Central Hastings

Bianka Vaillant-Allison, Marc-Garneau

Hunter Arnold, Trenton High

Henri McKinney, Eastside Secondary

Vincent Leone-Ganada, Nicholson Catholic College

UNIVERSITY SCHOLARSHIPS 5 X \$2,000

Linda Tezen, Bayside Secondary

Abigail McAlpine, Marc-Garneau

Josh Cerezo, St. Paul's Catholic High School

Zach Nastotos, Trenton High School

Carter Lee, Centennial High School

Tech Committee – Laura H. & Jane T.

The Tech Committee met in July & August 2022 with representatives from St. Thomas Church to work out details about hybrid Zoom meetings. We had a fairly successful test-drive at the Book Exchange meeting on August 25.

Alas, the Sept 7 strategic planning meeting was not as successful while working with two refurbished Chromebooks donated by Marilyn Jackson and Susanne Koehler. Thank you for donating your old laptops!

We will be pursuing solutions to the latest glitches and keeping you updated.

Membership – Barb B. & Carol F.

Welcome to another fun and interesting year with CFUW Belleville! Again this year, there will be no paperwork required at all for membership renewal. Just pay your \$110 and you will be registered. So easy! This year we are having two membership draws for a \$25.00 gift card - an Early Bird Draw for everyone whose payment is received by **September 20** and a Member Referral Draw for members who refer a friend who joins CFUW Belleville.

To renew your membership, you can e-transfer \$110 to cfuwfinance@gmail.com or mail a cheque (made out to CFUW Belleville & District) to Membership, CFUW Belleville & District, PO Box 20033, Belleville, ON K8N 5V1.

A copy of the Membership Directory is posted in the Members Only portion of our webpage, cfuwbelleville.com, if you want to check your contact details. Any changes and corrections can be emailed to Barbara.

A Membership Registration table will be available at the September General Meeting for those members who prefer to pay their dues in person.

Renew your membership now! See you at the first general meeting on September 21.

Website, Facebook, Instagram – Jane T.

During the summer the website, Facebook page, and Instagram page have continued to keep members informed of our club happenings. Please send in write ups and/or photos of committee and interest group events.

Information has been posted on our media sites regarding the garden tour, scholarship winners, the family concert, and summer activities of interest groups. This includes a short video of the garden tour on YouTube.

Other information on the website, such as the Interest Group page, has been updated.

Please use my email address when sending items to me.

Corresponding Officer– Carol S.

In July a get well card was sent to Lenore Begley who had surgery and is now undergoing intensive physiotherapy as a result of a fall.

The email address: cfuwbellevillecomm@gmail.com is intended to send out communications from the Executive and members. If you wish to respond to a particular person, after you have received an email, please do not reply to the communications email, but contact that individual directly. If you have misplaced your directory, a copy is available on the Website in the Members Only section. See the Membership report for the password.

Items for the October Newsletter are due by **6:00 pm, Friday, October 7**

Interest Groups – Jane B.

Garden Tour Report



On July 25, the CFUW Town & Country Garden Tour 2022 Organizing Committee held their wrap-up celebratory luncheon at the home of Karen Mouck. One highlight of the gathering was the presentation of a cheque to the Scholarship Committee in the amount of \$19,000, representing the proceeds of the 2022 Garden Tour. This is the largest amount raised in one year, in the history of the Garden Tour.

Between 2015 and 2022, the Garden Tour has raised \$115,000 for the Scholarship Trust Fund.

CFUW Belleville & District is making a difference in the lives of young people in our communities.

If you are interested in joining a committee that meets only four times a year (one of which is a celebratory lunch) and yet has fun getting the job done, you have two ways to contact us:

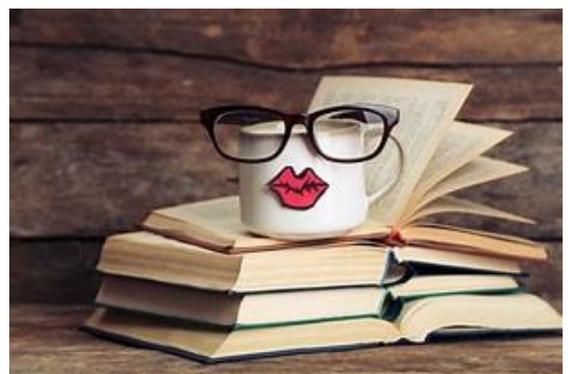
- 1) on your CFUW registration form, check off the box that says “Fundraising – Garden Tour”
- or
- 2) e-mail Irene or Karen directly: .

We will get back to you to welcome you aboard!

Irene H. and Karen
Garden Tour Committee Co-Chairs

The Book Exchange

The Book Exchange is similar to a book-of-the-month club and has been running for over 25 years. There are no meetings, but there is a Summer Social to discuss new titles. In August, members submit favourite book titles which are compiled into an Excel chart with authors’ names, ratings and synopses. In early September members vote for their favourite books and the top 12 are chosen. Members receive the first books in October and pass them until the 12th book, which they keep. A detailed flow chart is taped on the back inside cover to ensure a smooth handover every month. The cost to join this year is \$35 (the approximate cost of a hard cover book). If you wish to join this wonderful group or would like more information, please contact June. Also on the committee are Carol G. and Linda C.



Other Subjects of Interest

Afghan Family Update – Mary M.



Our CFUW newsletters are back for the 'new' CFUW year and it seems a perfect time to give you an update on our family. There is lots to report!

Firstly, we had a great concert with Don Amero on August 4th. Don was a fabulous entertainer, our family's aunt, Kubra, was there and spoke to the audience, and we raised exactly what we hoped - \$5,000. All in all, it was magical. A huge thank you to all of you who were there.

Secondly, the very same day we got news that our family's paper work was ready to submit to the Canadian government. However...first we had to send our sponsor all the money for their first year of living – \$86,400! Well, that was a scramble as I'm sure you can imagine but we did it.

Since then things have moved quickly. Their application was approved by Canada, subject to things that you would expect - medical & security checks, interviews with the Canadian embassy in Pakistan and so on. Some of these have been done, some not but until they're on a plane I personally refuse to get ahead of where they're at. It is looking promising though!

But the fund raising isn't over yet. We are still covering their living costs (\$1,000/ month). We would very much like to be able to pay for some or all of their air fare, should they come to Canada (~\$30,000) - otherwise this becomes a loan the family has to pay back. And there will likely be needed dental work (not covered at all) and other expenses not covered in their living allowance. Last but not least, if there are any remaining shekels we'd love to be able to help defray some education costs that we know will arise as they retool themselves for working in Canada.

Heads up! I'm telling you this to give you advance notice that we will be running an Air B&B (plus other goodies) raffle this fall. It will be fun & easy. More news to come once we've got it all together