

## A Word from the President

As our 2021-22 year is winding down, I would like to thank everyone who made this year successful. Our community outreach program, Adopt-a-Family, and major fundraiser, Celebrate Women, both had fantastic successes because of "the power of women working together", which is no small feat since so much had to be done online. Thank you to the current executive and to those who worked "behind the scenes" for their support and hard work to help keep this club running smoothly. I am thankful to the women who have agreed to be a part of the executive for next year. I look forward to working with all of you.

Although we were not able to meet in person for almost the entire year due to COVID, we pulled through and are finally seeing a glimmer of light at the end of this very long pandemic. While our AGM on May 16th will be online, interest groups are now allowed to meet in person if they

choose to do so. I know that we have all been missing human contact with our friends, but please be mindful and respectful of other people's comfort and safety needs. Our AGM will be our last meeting for this year, but I encourage you to do something special online or in person in each of your interest groups to celebrate getting this far through this difficult pandemic.

This is our last newsletter until September. Enjoy all the sunshine and warmth this summer has to offer. I hope to see you all again in September, perhaps even in person.

Teresa Stott



## Next Meeting

When: May 16 at 7:00pm

Where: Zoom  
<https://us02web.zoom.us/j/85986451753>

Meeting ID: 859 8645 1753  
Passcode: CFUW

Topic: Annual General Meeting

## Executive Members

**Teresa Stott**, President  
**Vacant**, Vice President  
**Clare Ann Greco**, Past President  
**Lan Duong**, Treasurer  
**Pat Sivers**, Rec. Secretary  
**Leda Culliford**, Rec. Secretary

**Libby Marinilli**, Awards  
**Sue Stapleton**, Corr. Secretary  
**Brenda Koziol**, Interest Groups  
**Linda Carter**, Membership  
**Kathy Webkamigad**, Mentor  
**Elizabeth Denton**, Program  
**Harriet Kideckel**, Publicity  
**Andrea Levan**, Social  
**Alison Sivers**, Newsletter/ Webmaster  
**Brenda Koziol**, Archivist

## Interest Groups

### **Adventures in Dining**

When: Thursday, May 12th @7pm

Where: on Zoom

What: The Appetizer Challenge - "Beyond Basic" appetizer recipes - one to be served hot or warm, and one served cold.

We'll share our new finds and challenges (with pictures) at the meeting.

If you'd like to join the conversation, call Liz at 705-682-2152.

The June meeting will on Thursday June 9th.

### **Discussion Book Club**

When: Tuesday, May 24th at 7 pm

Where: Zoom

What: Andrea Levan will be leading our discussion of 'The Water Cure'.

We are talking about possible in-person meetings, but have not yet made a final decision. New members are welcome – call Leda at 705-470-6089.

### **Film Group**

The film reviewed for April was The Last Full Measure. All agreed that it was a powerful movie scoring 8.5 to 9 out of 10 from our members. You can find it on Netflix.

### **Knitting Group**

Our knitting group meets on zoom every Thursday from 1-3 to knit and share information. There's always someone with a solution or suggestion for any knitting problem.

### **Pole walking Group**

Walkers meet every Wednesday at 9:30 at Delki Dozzi. Even during the past winter's frequent snow storms the track was always plowed. The one kilometre track has gentle slopes so it provides enough challenge to give a good cardio workout. For those who don't like walking in winter now is a good time to join the group.

### **Sudbury Saturday Hike Group**

Trails have been treacherous during the month's freeze and thaw but the trail from Bioski to Moonlight Beach is in good condition. We've had to cancel some of our Saturday walks but last Saturday despite the rain and sleet four brave walkers walked the trail with rainwear and umbrellas. We were the only ones on the usually busy trail. When the trails have dried out we will explore some of the nearby trails. We usually walk for two hours. New members always welcome.

### **Singing Group**

When: Monday, May 2nd @ 1:30pm

Where: in Copper Cliff Park (backup venue in case of bad weather is Zoom)

What: Music of the '60s and '70s (Carole King, James Taylor, Saturday Night fever music and more!)

If you'd like to raise your voice with ours, give Liz a call at 705-682-2152

The June session will be on Monday, June 6th.

### **Tech Talk Group**

The Tech Talk interest group will have their last meeting on the second Tuesday in May. We will not be meeting in June. We continue to meet online, which has its challenges and funny moments but has worked for most members. We've covered topics from how to organize your emails to how to download photos from your phone to computer - and lots more in between. Many members have been able to contribute and share what they have figured out on their own. It's been a great learning experience for us all. The current facilitator for this group is hoping someone else will step forward next year to bring her knowledge of technology to sister members and have some fun at the same time. Contact Harriet Kideckel (itsmehk222@gmail.com) if you want to join our last session and/or if you are interested in facilitating the group next year.

## Publicity Convenor's Job

Harriet Kideckel has one more year as CFUW Sudbury's Publicity Convenor. She sends out notices and public service announcements that publicize our monthly general meetings and other events and news. "It's not hard work", Harriet reports, stating it takes about an hour a month. There is a Publicity Convenor's binder and usb with clear instructions to assist the convenor in her job. If you would like to learn more about the job for 2023 - 24 and/or assist Harriet in the coming year, contact Harriet Kideckel at itsmehk222@gmail.com.

## Celebrate Women

### Celebrating a Virtual Celebrate Women Event Once Again

History has repeated itself and once again Celebrate Women was a great success. Again it was virtual this year and the event virtually made the same amount as last year! A very big thank you to everyone who bought ticket(s), book(s) or a book sponsorship. The event would not be a success without the support of our members. Hopefully next year we can return to an in-person event because the one thing that was missing over the past two years was seeing everyone in the audience and the great conversations that take place during the reception. Fingers crossed for 2023!

We also continue to have great support within the community. If you know anyone who works at any of the following, please express your gratitude for their organization supporting our event. A very big shout out to Baxter Animal Hospital, which was a major sponsor (\$500) for the 25th year! We are planning a special thank you to them for this incredible support over the years. Huntington University was also a major sponsor (\$500) despite all the uncertainty that they are facing. We are very grateful!

Sudbury Credit Union and Hickey & Svalina Family Wealth Management - TD Wealth Private Investment Advice once again were minor sponsors. Appraisals North Realty Inc and ASAP Physio donated book sponsorships. Adoro Olive Oils & Vinegars and Northern Uniform helped facilitate getting the books distributed. The following people were happily "voluntold" by Tannys Laughren to assist in streaming the event. Her father, Floyd, covered any related expenses, and her colleagues, Shane Gordon and Maximillan MacGillivray, looked after the technical side of the event.

Of course the event doesn't happen without people stepping forward and helping out. A huge thank you to our amazing MC, Judith Straughan. Alison Sivers once again took care of the Eventbrite ticket platform, website details and facebook postings. She also ensured everyone got the link to the event and was instrumental in ensuring I didn't come close to having a heart attack this year! Brenda Kozial did the excellent Power Point presentation for the beginning of the event. Our publicity team of Susan Darling and Harriet Kideckel got us excellent coverage in the local media. Shelley Machun, Barb

Booth, Cathy Morrison, Gayle Akerman, Anne Hann, Vivian Field were all key in ticket and book sales. Andrea Levan took minutes and helped keep us on track. Tannys Laughren and Marlene Gorman represented LEAF and YWCA respectively and took on the roles of providing the technical support and book sponsorship receipting and YouTube streaming platform. There were others who helped in the planning and made suggestions and every contribution is necessary to make the event a success. If I could, I would take you all to Tuscany to Debbie Travis's Villa because you all deserve it!

There are many people who support the event by donating \$100 to place a copy of the book, JOY, in one of our local libraries. This is so very kind and generous of you and many do it to honour a loved one. This is such a nice tribute. This year we were able to place at least 1 copy of the book in each of the local branches and there were waiting lists for the books in most of them already! So if you sponsored a book this year, please know that your donations are sought after and treasured. All of the books are now in circulation and hopefully bringing JOY to many in our area.

Christine

### Upcoming Events from National, Provincial and Other Clubs

#### May 16 @ 4 p.m. UWC Toronto

Professor Amanda Bittner is a political psychologist at Memorial University of Newfoundland, whose focus of research is on elections, voting and public opinion. In her talk, Amanda will explore the dynamics of voters' perceptions of political party leaders. To request the ZOOM link please e-mail UWC Toronto.

#### May 17th @ 7 p.m. ARROW

Diversity and Inclusion in Rural Ontario  
Join us for an informative discussion with 3 panelists.

Send an email to Sandra Shaw and put ARROW in the subject line for registration.

#### June 5 House & Garden Tour

CFUW St. Catharines

Tickets, both virtual and inperson, now available at [CFUW St. Catharines House & Garden Tour 2022](#)

## Members News

### Ride for Heart 2022

Alison Sivers is participating in this year's Ride for Heart, a major fundraiser for the Heart and Stroke Foundation. To find out more about the event or to sponsor Alison, please visit [www.rideforheart.ca](http://www.rideforheart.ca).



### New Newsletter Convenor

After 4 years Alison's term as Newsletter Convenor is over. Please welcome Carita Lanner as our Newsletter Convenor for 2022-2023.

Information for the next newsletter is due August 25th and can be sent to [lannercarita@gmail.com](mailto:lannercarita@gmail.com) or to [cfuwsudbury@gmail.com](mailto:cfuwsudbury@gmail.com)



Like us on Facebook to keep up with the latest news!

### Don't Forget

CFUW Sudbury's Corresponding Secretary will send out cards for happy news or in condolence, but we need to know about these events in order to do so. Please contact Sue Stapleton at [staple1050@yahoo.ca](mailto:staple1050@yahoo.ca) if you have any events you would like recognized.

Submissions for the newsletter are due by the 25th of the month.

Please submit any information you would like to see in the newsletter to:  
[cfuwsudbury@gmail.com](mailto:cfuwsudbury@gmail.com)

**Do you have news you would like to share with our members?**

**Let us know!**

## Ontario Council AGM: UPDATE

April 28, 2022

I am writing to you today with the deepest of disappointments. We have unfortunately made the decision to forego the in-person AGM conference as so superbly arranged by the CFUW Kitchener-Waterloo Local Arrangements Committee (LAC).

We analyzed the numbers as Kris Bailey, LAC Chair, was about to meet with Double Tree. Prior to this meeting, we consulted with each other and, with not even making 60 attendees thus far, and having to make a further financial commitment to Double Tree, we determined that it was not feasible.....very much to our regret. We could not count on more ladies registering at the last moment.

We wish to thank all those for making that early commitment. It gave us hope that we were all ready to forge forward; however, it looks like the current climate is not in our favour.

Again, this is a very regrettable decision, especially in light of the calibre of speakers, social arrangements, and a first class conference - all due to the hours of dedicated effort by the LAC.

Therefore we are planning a virtual AGM for Saturday, May 14. Please keep that date open. More information to come shortly regarding registration. We will be using Zoom as the platform, with an electronic voting system.

Sandra Thomson, President CFUW Ontario Council

### FlipGive

Don't forget to use FlipGive when you do any online shopping. This is a great way to support CFUW Sudbury.

Simply visit FlipGive ([www.flipgive.com](http://www.flipgive.com)). Then, click on Teams in the top banner. Scroll down to "Find a Team" and search for CFUW Sudbury. Then search for the website where you would like to shop. You will earn between .5% and 17% of your purchase for your team.

If you would like to join the CFUW Sudbury Team, our team code is QYEBQE. If you do this, you don't have to search for our team each time.