

September 2020

A Word from the President

Welcome to the 2020 /2021 year! Although summer seemed to be teasing us with warm weather followed by cool weather in May, I hope that you have had enjoyable moments during the months of June, July and August.

We have been through a lot with the pandemic. Consequently, we have had to make changes in our lives and have had to adapt to the new normal.

Summer was very busy for me. I attended the virtual Ontario Council AGM and Special General Meeting in addition to the National AGM and Special General Meeting. The presidents of the Ontario North clubs met virtually on Zoom several times to discuss ways to move forward in these difficult times.

CFUW Sudbury has been recognized both nationally and provincially. We have received a national Membership Award because our membership increased by 12%. Provincially, we received honourable mention for our commitment to environmental issues which were highlighted by the theme of last year's Ontario North Fall Gathering.

I am sure that some of you have wondered about renewing your membership. We have to remember that CFUW is also about the Power of Women Helping Women. How do we do that? Locally, we help through our Awards program. We give \$8000 each year to women who

are pursuing post-secondary education. Adopt-a-family helps local families and children during the holiday season. Our involvement with our community is also seen through our support of activities such as The Coldest Night of the Year, and the Hospice Care-a-thon. In collaboration with LEAF and YWCA, our major fundraiser Celebrate Women raises funds for our scholarships but also helps those organizations. Provincially, Ontario Council promotes advocacy issues and hosts the Speakers Series which will be online at least for the beginning of the year. Nationally, through the Charitable Trust, CFUW supports women pursuing post-graduate studies as well as being a voice at the United Nations. The resolutions passed at AGMs serve to lead the way in advocacy issues.

What does this year hold for CFUW Sudbury? We will probably be online for most of the year. At present, the Executive has decided that we would be online until January and we would consider the possibility of meeting in-person in the New Year. This may not come to pass but meeting face-to-face is still on the radar. Meeting on a virtual platform may seem daunting to some of our members but it is quite easy. As I have said many times, I would rather err on the side of caution than put our members at risk by holding in-person meetings. Pat Sivers has set up our own Zoom account.

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Next Meeting

When: Sept. 16 at 7:00pm
Where: Zoom -
<https://us02web.zoom.us/j/81445207092>

Topic: Virtual Fall Meet and Greet and Interest Group Sign-up!

Executive Members

Clare Ann Greco, President
Lisa Long, Vice President
Andrea Levan, Past President
Shelley Machum, Treasurer
Pat Sivers, Rec. Secretary

Libby Marinilli, Awards
Sue Stapleton, Corr. Secretary
Liz Moratz, Interest Groups
Gayle Akerman, Membership
Tatiana Knodel, Membership
Kathy Webkamigad, Mentor
Elaine Carlyle, Mentor
Elizabeth Denton, Program
Laura Young, Program
Harriet Kideckel, Publicity
Andrea Levan, Social
Alison Sivers, Newsletter/ Webmaster
Brenda Koziol, Archivist

A Word from the President (continued from Page 1)

Our program will include the speakers that we missed during the pandemic as well as new ones. In consultation with the presidents of the other Ontario North clubs, it has been decided that we will have the opportunity to share speakers. Each Ontario North club has agreed to share one speaker with the other Ontario North clubs via Zoom. They may offer more at their own discretion. They will choose the speaker that is most relevant to all the northern clubs. This will be quite stimulating as we will have access to different topics. It will also bring the Ontario North Clubs closer together.

Some of our interest groups such as book groups and dining groups have already gone online. Interest Groups where the 2 metre distancing can be maintained such as the Poling Group and the Hiking Group can continue outdoors. I understand that some of the Adventures in Dining groups have met on patios and decks. The Singing Group is planning to meet in Bell Park to raise their voices in song. Some interest groups may decide to meet in smaller groups of 4 or 5 people. It is a question of being comfortable in the situation and following the protocols established by the Board of Health. You must remember that our friendships are still there and we will weather the storm of COVID together.

On a different note, the Ontario dues have increased by \$6 per member. The motion to raise the national dues did not pass at the Special General Meeting. CFUW Sudbury is not going to raise our dues this year as we will be able to save money due to reduced hall rental costs and we are in a strong financial position. So they will remain at \$85. However, we will have to raise them in the future. So please renew your membership and let your friends and colleagues know about our wonderful club.

Gayle Akerman and Tania Knodel have made it easy for you to renew your membership. This year, you have the option to pay by cheque or e-transfer. Please renew your membership and your CFUW friendships right away!

Clare Ann Greco
CFUW Sudbury President

Membership and Meetings this Year

All members are asked to please use the following link to register as a 2020-2021 CFUW Sudbury Member.
<https://docs.google.com/forms/d/17O52SU5BAtf4vtfu4fEIQH7JvDK6xb8NvfleHbBilRM/edit>

Fees are \$85.00 and \$42.00 for students.

There are 2 methods of paying fees:

1) By Cheque – please mail a cheque made out to "CFUW Sudbury" to our Treasurer at the following address:
Ms. Shelley Machum
604-2000 Regent Street,
Sudbury, ON P3E 5T5

2) By eTransfer - please send an eTransfer to the following email address:
CFUWSudburypayment@gmail.com

It has been decided by the executive, that we will be holding all our monthly meetings in 2020 virtually and will re-evaluate the process in the New Year.

As a result, our club has purchased a Zoom subscription. For those of you not familiar with this, it is a virtual meeting place where up to 100 members can be present at once and we can speak and be seen in real time.

As well as hosting our meetings over Zoom, we encourage interest groups to also meet virtually if members are not comfortable meeting in person. Book groups can certainly discuss books, dining groups could meet to have a glass of wine and share recipes or cooking techniques, wine tasting could talk about their favourite wines.... the possibilities are endless.

There has been a calendar set up to coordinate these meetings. Anyone wishing to schedule a Zoom meeting should email Pat Sivers at patdave.sivers@gmail.com to request your time slot. An invitation will be sent to you that can be passed on to all interested members. At the appointed time, members can sign in and the discussion is on! If you have any questions, please contact Pat at the above email.

As an added note, this does not preclude members getting together in person, this is an extra possibility for members to reach out to one another. We are trying to keep in contact in as many ways as possible and this is just one more way.

If you are unfamiliar with Zoom or need help setting things up for your first meeting, please email cfuwsudbury@gmail.com or patdave.sivers@gmail.com and we will make arrangements to help you.

Interest Groups

Interest Groups

Liz Moratz and Trudy Bolduc are your Interest Group co-convenors this year.

Interest groups have always been a cornerstone of CFUW. Through our groups, we gather socially with others while enhancing new or long standing interests. Our challenge this year is how to safely connect socially to meet and share our common interests!

To protect each other when we meet, even outdoors, bring your mask and put it on whenever physical distancing is a challenge.

- Have an outdoor meeting (like a Singing in the Park session).
- Meet virtually online. CFUW Sudbury has purchased a ZOOM account (our General Meetings will be via ZOOM at least for the time being). Interest Groups will also be able to book meeting times.
- Have a small group physically meet in a host's home maintaining physical distancing and best practices
- Split a group into small-sized groups that meet physically together
- Combine a physical group meeting with a virtual ZOOM meeting

Here are the Interest Groups and Convenors for 2020-2021:

Adventures in Dining	Sarah Green
Antiques	Nora O'Neill
Book Discussion Group	Leda Culliford
Rebel Book Club	Jane Cox
Film Group	Brenda Koziol
Horticulture	Diane Jeffery
Knitting Group	Georgette Mitchell
Luncheon Plus	Marg Kechnie
Revolving Book Club	Barb Booth
Urban Pole Walking	Georgette Mitchell
Wine Tasting	Andrea Levan
Tech Talk	Harriet Kideckel
Sudbury Saturday Hike	Georgette Mitchell
Singing Group	Liz Moratz

Special Committees

Awards	Libby Marinilli
Celebrate Women	Christine Tworo
Issues and Resolutions	Teresa Stott

There will be an online Interest Group Sign-Up Sheet this year. Click here <https://forms.gle/VwqZ7tov6eB73Zwi8> to access the form.

Need more information about Interest Groups in the meantime? Give Liz or Trudy a call or send an email.

Liz Moratz 705-682-2152 elizabeth.moratz@sympatico.ca
Trudy Bolduc 705-690-7185 trudybolduc@hotmail.com

Antiques Group

Facilitator: Nora O'Neill. The ANTIQUES group meets once each month in the afternoon to examine and discuss various antiques. A member researches the topic and shows examples. Sometimes there is a guest speaker who is known for her knowledge on a particular topic.

Book Discussion Group

Facilitator: Leda Culliford
When: Tuesday, September 29, 2020, at 7pm
Where: The home of Kathleen Stott at 92 Crater Cr.
What: Jojo Moyes' novel, *The Giver of Stars*.
For more information, contact Leda at 705-470-6089

Singing Group

Let's Go Sing in the Park!!!
Bring your own chair! We'll socially-distance and all face in the same direction!
When: Monday Sept. 14th at 1:30 p.m. Weather permitting.
Where: Copper Cliff Park across from Bryston's
What: Good old familiar songs! Send your song choice to Liz!
Backup plan – Zoom session the following Monday (September 21st) 1:30 pm.
Contact Liz Moratz at elizabeth.moratz@sympatico.ca for more information

Travel Group

Travel Group will not be running this year. There does not seem to be any incentive for further discussions until it is safe to travel once again.

COVID Tips

What is a social circle?

A social circle is a group of up to 10 of the same people who can interact with one another without physical distancing (you can hug each other). Your social circle must always be the same people and you can belong to only one social circle.

1. Your social circle begins with the people you live with or who regularly come into your household. Even if they don't live with you, they still count as part of your social circle.
2. If your beginning social circle is under 10 people, you can add family or friends and everyone they live with. But remember, your social circle must not go beyond 10 people.
3. Get agreement from everyone that they will join your social circle. Remember, it's still important to practice physical distancing with anyone outside of your social circle.
4. Keep your social circle safe. Follow public health advice, continue to physically distance with anyone outside your circle. If someone in your circle feels sick, they should tell the other members of the circle and isolate /test.
5. Be true to your social circle. No one should be part of more than one circle.

CFUW Sudbury Awards Committee

Each year, since 1948, CFUW Sudbury has distributed thousands of dollars annually in the form of scholarships and bursaries to women pursuing post-secondary studies. We are proud to continue this strong tradition of being a strong voice for education in our community.

This year's Doris Thompson Lane Scholarship Award recipient is Naomi Robinson. Naomi is a graduate of Lo-Ellen Secondary School. She chose to complete part of her studies in the enriched International Baccalaureate preparatory program. Naomi was able to meet the challenges of her studies while fitted with a cochlear implant because of her tenacity and refusal to be defined by her loss of hearing. She will be pursuing a Bachelor of Science in the fall. Naomi is very deserving of this award, and we wish her continued success in the future.

A Thank You from Naomi Robinson

Thank you to CFUW for establishing the Doris Thompson Lane Memorial Scholarship. I am honoured to be the recipient of this year's award. This means a lot to me and the rest of my family. I cannot express my thanks, as not only does this open doors for me but, it opens doors for my siblings who also hope to attend post-secondary and pursue their dreams. I am so excited to reveal this news to my mother, who has worked so hard to provide me and my siblings with a full life I am so glad I can relieve her of some of the stress that undoubtedly comes with being a single parent.

Thank you again,
Naomi Robinson

2019-20 Award Recipients

Secondary School

1. CFUW Doris Thompson Lane Memorial Scholarship: Naomi Robinson, Lo-Ellen Park Secondary

Laurentian University

2. CFUW Eleanor Milliken Scholarship: Ashley Beland, Forensic Science (Yr. 2)
3. CFUW Helen Byrnes Memorial Scholarship: Rachel Brown, Sport and Physical Education (Yr.4)
4. CFUW Margaret Fyfe- Orange Memorial Bursary: Christina Brisson, Éducation (Yr. 1) & Marie Denis, Psychology (Yr. 2)
5. CFUW Grace Hartman Memorial Bursary: Crystal Chopp, Master of Social Work (Yr. 3)

Cambrian College

6. CFUW Marlene Burns Memorial Bursary: Patricia Tousignant, Industrial Mechanical Millwright Technician
7. CFUW Sudbury Bridge to University Bursary through Cambrian (New): Brooke Turgeon in PR at Cambrian and going to Laurentian for Communication

2020 Adopt-A-Family Program



The 2020 Adopt-A-Family Program has begun. Most of the Adopt-A-Family Committee Members are returning this year but if there is anyone else who would like to join us please let Barb Booth know. Due to the Covid-19 pandemic Adopt-A-Family will take on a different look this year.

We know that more families will need support. We will do what we can in the safest way possible. Meetings will also take on a new look. Please take the time to read the attached letter which explains how members can donate. Donation forms are also on the website. Please continue to save your Bay Used Book Vouchers and Canadian Tire Money. As is the case every year we will be looking for donations of children's books, knitted items, toiletries, new or gently used games, crafts...or anything else that you may have that a family in need can use. Contact Barb Booth by phone, email or drop-off:

(705) 673-8083

barb17booth@gmail.com

2264 Mallard's Landing Dr., P3E 6L7

Toiletries

As of October 2019 our committee has distributed 2443 medium zip-loc bags of toiletries. Again this collection will be affected by Covid-19 as most travel has been disrupted. Hold onto them if you have any at home as we will resume once things change. Thank you for your support of this program.



Your Adopt-A-Family
Committee

The CFUW Mission

- Improve the status of women and girls; work for human rights and peace;
- Support education, life-long learning and research;
- Encourage graduate women, associate members and students to place their education and professional training at the service of the local, national and international community;
- Work in concert with the International Federation of University Women, a global network of women graduates working for social change.

Dates to Remember

General Meetings

September 21, 2020
October 19, 2020
November 16, 2020
December 7, 2020
January 18, 2021
February 15, 2020
March 15, 2021
April 19, 2021
May 17, 2021
June 7, 2021

For at least the rest of 2020, meetings will be held on the Zoom platform. The format will be as follows:

7.00 – 7.25 – Business meeting
7.25 - 7.30 – 5 minute break
7.30 – 8.00 - Guest Speaker
8.00 -8.30 – Q. and A.

Ontario Council Speakers Series

October 3, 2020
November 21, 2020
February 27, 2021

Ontario Council AGM - May 2021

National AGM - June 2021

Don't Forget

CFUW Sudbury's Corresponding Secretary will send out cards for happy news or in condolence, but we need to know about these events in order to do so. Please contact Sally Babij at sallyb.gregb@gmail.com if you have any events you would like recognized.

Submissions for the newsletter are due by the 25th of the month.

Please submit any information you would like to see in the newsletter to:

cfuwsudbury@gmail.com or
alison.sivers@gmail.com

Do you have news you would like to share with our members?

Let us know!