

Persons Day



Please join CFUW Headwaters for the **5th Annual Public Celebration of Women in Local Leadership** at Monora Park Pavilion at our regular meeting time on Wednesday, October 19, 2022 @ 7:00 pm (doors open at 6:30 pm).

Learn about the 93rd anniversary of the Famous Five's landmark legal case which granted personhood to women in Canada (but not all of them - that would come later). Network with the 2022 Women's Caucus: women municipal candidates, incumbents, and alumni from municipalities across the region.

Four candidates vying for the position of Councillor in Orangeville – representing different ages, stages, and walks of life – will be at this year's **'Kitchen Table Talk'**, as they open up about themselves and what it means to them to show up as role models to women and girls in our community. Please note that this is not an election forum, but rather a celebration of women in local leadership. Win or lose, women vying for public office normalizes the presence of women on the ballot - and that's something to celebrate!

No campaigning or campaign materials please

*Spread the word and bring your friends and neighbours.
All are welcome!*

Next General Meeting Persons Day Event

WELCOME!

October 19th 7 p.m.
at Monora Park Pavilion

500 Monora Park Drive , Mono

5th Annual Celebration of Women in Local Leadership!

Network with the 2022
Women's Caucus

This event is open to the public
Doors open at 6:30 p.m.

Hope you can join us!

Call for Executive Committee Members



As we emerge from lockdowns and return to in-person interest groups, meetings and events, we are looking for energetic club members, who are not already overextended with other commitments, to put their enthusiasm for CFUW to work. We are looking for folks who will attend 9 Board meetings annually (4th Wednesday of each month excluding July and December), who will attend the Club AGM in June, and will actively serve the Club in one of the following areas: communications & community outreach, finance, fundraising, governance, interest groups, membership, program, social, or scholarships. Prior experience is not a requirement! Please contact [President Elisabeth](#) if you'd like to learn more.

Don't forget to renew your membership!

Pay your Membership Dues on or before October 31st!

Pay your \$100 membership online by going to the [Membership](#) page on the CFUW Headwaters website, then scrolling down to the Pay Now button. Or mail your cheque payable to CFUW to Cathy Campbell, 11 Rose Ridge Lane, Mono ON L9W 5Y3. **Please note that \$25 of your membership fee will go to support the Club's Scholarship Fund. You must be a paid-up member to join a Special Interest Group.**

Special Interest Groups

Our SIGs are poised for action this year! Until October 31st, many groups are accepting new members. If you're interested in joining one of the following groups this year, please e-mail your request to [Kathy Wray](#).

- Afternoon Reading Group
- Art Appreciation Group
- Day Trippers – *Convenor(s) required*
- Dinners in Restaurants – *2 more Convenors required*
- Enjoying Live Music
- Friday Night Social Club
- Games Group
- Golf Group – *1 more Convenor required*
- Hiking Group
- Ice Skating
- Lunch in Restaurants – *1 more Convenor required*
- Making Art – *Convenor(s) required*
- Needle Arts – *Convenor(s) required*
- Soup and Salad Exchange
- Wine, Women, and Travel – *Convenor(s) required*
- Women's Advocacy
- Women's Weekend Getaway – *1 or 2 Convenors required*

*Remember to pay your membership on or before **October 31st**!*

For more SIG info go to our [website](#) and click on Interest Groups!

Please let [Kathy Wray](#) know if you're interested in joining and/or convening any of these Special Interest Groups!

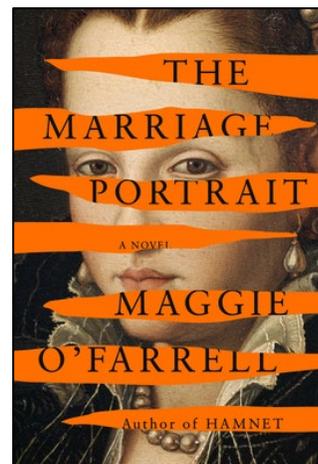


Eleanor's Book Review

The Marriage Portrait by Maggie O'Farrell

Raised in a royal family in 16th century Florence, Lucrezia is well aware that her destiny will be an arranged marriage to an illustrious member of the nobility...and the subsequent production of heirs. This story of a brave and clever young woman, only 15 when she marries the unpredictable Duke Alfonso of Ferrara, is filled with intrigue, fear, sadness and suspicion.

The Duke has commissioned a formal 'marriage portrait' to be created by a famous painter, and after weeks of posing stiffly in an ornate and uncomfortable robe for the artist and his assistants, Lucrezia's uneasiness is heightened when her husband comments on the fine likeness of his "first duchess". The suspense continues to grow to a frightening climax, and the reader will have trouble putting down this book before reading the conclusion.



Advocacy

Inform Public Policy through Advocacy

The following CFUW Policy Resolutions were passed at the National Annual General Meeting (AGM) in August 2022, which means CFUW members can now start advocating to local government representatives and raise awareness in our community on these CFUW public policy positions.

- Strengthening Employment Equity
- Strengthening Bail Laws to Protect Victims of Intimate Partner Violence
- (Addressing) Violence against Women in Politics
- A Clean, Healthy, Sustainable Environment is a Human Right (proposed by CFUW Headwaters)

CFUW members can also advocate on any past resolutions included in the CFUW Policy Book which can be found on the [CFUW members only](#) website (ask any of the Board members for the log-in), with Executive approval. If you are interested in advancing public policy in an area of specific interest to you, or are interested in learning how to propose new CFUW policy, please contact CFUW Headwaters Advocacy Co-Chairs [Lynda Moore](#) or [Lynn Cormier](#) for advice and support. Please note the deadline for expressions of interest is **October 30** for Ontario resolutions, and **November 15** for national resolutions.

What Else Does the Advocacy Group Do?

The CFUW Headwaters Advocacy group organizes two annual events that form two of the year's monthly programs. On October 19 we are hosting the 5th annual **Persons Day Celebration** (Monora Park Pavilion @ 7:00 pm), and in March we host the annual **Resolution Dinner** (at a local restaurant). While the first program recognizes and celebrates women in local leadership including women in politics, the second program gives Advocacy group members an opportunity to develop and practice their leadership skills by presenting and facilitating discussion on new resolutions that are proposed from any CFUW club.

Wine, Women & Song!

A beautiful pic from September to share!



Many CFUW members attended the Big Brothers Big Sisters 50th Anniversary Gala ... great photo, thanks Lori!

CFUW National

CFUW National Advocacy Workshop – THE ADVOCACY TOOLBOX: FINDING IT. USING IT. SHARING IT.

A workshop from the National Advocacy Committee that is being offered on two separate dates: Thursday October 13, at 7pm, and Saturday October 15, at 12 noon (just after the Ontario Council Speakers Series).

If you want more information on Advocacy and what's happening at the national and local levels in other Clubs, this is the workshop for you. Both National and Ontario Council advocacy resources will be discussed. Here is the registration link:

<https://us02web.zoom.us/meeting/register/tZMufuCoqzItG9ybkI4q9QVF-STIfYqBlKdV>

Read the latest editions of CFUW's Club Action News—[2022 AGM Newsletter](#) and [Reflections on Truth and Reconciliation](#). If you don't already subscribe to *Club Action News*, the National newsletter, reach out to Brittany Sagriff at memberservices@cfuw-fcdu.ca to get on the mailing list. Interesting information is on [CFUW National's public website](#) and the [CFUW members only](#) website (ask any of the Board members for the log-in).

CFUW Ontario Council

October 15, 10 a.m. – Ontario Council Speakers Series – EDUCATION BEYOND THE SCHOOL

Registration is now open for OC's first Speakers Series of the 2022-23 year. **Please click [here](#) to register.** We have an exciting quartet of speakers!

Kendra Mullins will speak about yoga and its uses in improving coping strategies, managing stress and self-regulation. Given that so many are having difficulty dealing with mental health issues, this session will give us insight into how yoga can help in nourishing body, mind, and spirit.

Kelly Taylor, Volunteer and Operations Manager of [Windreach Farm](#), will speak on the wide variety of programs at Windreach such as Learning-4-Life and the Community Participation Program. Windreach strives to enrich the lives of persons of all ages with disabilities and/or special needs.

[Black York Region Youth](#) – In 2020, teacher **Vanessa Stoby** and four youth founded BYR Youth, an organization striving to combat anti-black racism, systemic racism, anti-Indigenous hate and discrimination in all its forms within York Region through advocacy, education and communication. Vanessa will speak on the growth of BYR Youth and the milestones they have achieved.

And finally, the **“Claiming Myself”** session will feature Georgina Pride, a panel of young people, speaking on the impact of identifying as LGBTQIA2S+.

The Speakers Series is free but advance registration is required.

Click [here](#) to view the September edition of the Ontario Council newsletter, OC News. If you don't already subscribe to *OC News*, the Ontario Council newsletter, reach out to [Ingrid Sproxton](#) to get on the mailing list. The Ontario Council website can be found at <https://cfuwontocouncil.org/>.



Canadian Federation of University Women
ONTARIO COUNCIL



What's On

Upcoming CFUW EVENTS

October 12, 7 to 9 p.m. – CFUW Oshawa & District – URBAN WATERS

St. Mark's United Church, 201 Centre St. South, Whitby

CFUW Oshawa's October 12th meeting features Dr. Andrea Kirkwood, Ontario Tech U. and Kirkwood Lab, speaking about the value of aquatic ecosystems in an urban environment. Dr. Kirkwood focuses on environmental biology and environmental stewardship initiatives. Guests welcome! Free admission. For more information, please contact CFUW.Oshawa@gmail.com.

October 13, 7 to 9 p.m. – CFUW National Advocacy Committee Workshop via ZOOM

The Advocacy Toolbox: Finding it. Using it. Sharing it.

A workshop from the National Advocacy Committee that is being offered on two separate dates: Thursday October 13, 7pm and Saturday October 15, noon (just after the Ontario Council Speakers Series). See [CFUW National](#) on page 4 for the registration link.

October 15, 10 a.m. to 12 p.m. Ontario Council Speakers Series – EDUCATION BEYOND THE SCHOOL

Registration is now open for OC's first Speakers Series of the 2022-23 year, via ZOOM. See [CFUW Ontario Council](#) on page 5 for more information and the registration link.

October 15, 12 noon to 2 p.m. – CFUW National Advocacy Committee Workshop (2nd session)

October 19, 7 to 9:30 p.m. CFUW Headwaters 5th Annual Persons Day Event!

Monora Park Pavilion, 500 Monora Park Dr. Mono

Learn about the 93rd anniversary of the Famous Five's landmark legal case which granted personhood to women in Canada and network with the 2022 Women's Caucus. See all the details on page 1!

Canada

Persons Day



The Power of Women Working Together

